

Soccer Study Guide

Mr.Urdal

Dribbling

Keep ball close
Use inside of foot
Keep head up

Passing

Plant non-kicking foot
Strike middle of ball
Follow through

Shooting

Use top of foot
Point foot down
Follow through

-Goal Kick- When the offense kicks ball out of bounds behind the goal

-Throw In- When the ball goes out of bounds on the sideline

-Corner Kick- If the defense kicks the ball out of bounds behind the goal

-Trapping- Gaining control of the ball from someone who passed it to you

-Leading- Passing the ball in front of a teammate

Yellow Card- First warning for a minor penalty. 2 yellow cards player removed from game

Red Card- Major penalty. Player is removed from game. Can not be replaced.

Up to 11 players are on the field for each team.

Goalies must wear opposite color jerseys and are only players who can use their hands.